

A full-page photograph of a muscular man in a dynamic, athletic pose. He is leaning back, with one leg raised and bent, and his arms extended. His body is covered in intricate black body paint designs, including a large, dark, feather-like pattern on his chest and abdomen, and a large, dark, feather-like pattern on his right leg. The lighting is dramatic, highlighting the contours of his muscles and the details of the body paint. The background is dark.

AUGUST 2009

OMAGAZINE

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### q comment: COPENHAGEN CALL

As demonstration of its continued commitment to GLBT arts and culture, the City of Melbourne developed Melbourne OUTside the Square, an exciting showcase of some of the city's most popular Gay & Lesbian talent and entertainers and sent them to the Copenhagen World Outgames [see picture below].

This amazing opportunity gave local "rocky disco-camp" band The Blow Waves, performer and comedian, Wes Snelling, and feminist cabaret act, Yana Alana and Tha Paranas, the chance to expose themselves to a relevant and captive audience of thousands, performing every day during the games which ran from 25 July to 2 August.

Melbourne house DJ, Miss Eleni, was flown out especially for the World OutGames by Copenhagen organisers, and is no stranger to entertaining at sporting events after playing for the Omega VIP parties every night during the Commonwealth Games in 2006 as well as other events across the Asia-Pacific.

Good on you guys and girls - you have done Melbourne & Australia proud!



**Publisher & Editor**  
Brett Hayhoe  
0422 632 690  
brett.hayhoe@qmagazine.com.au

**Editorial**  
editor@qmagazine.com.au

**Sales and Marketing**  
sales@qmagazine.com.au

**Design**  
Uncle Brett Designs & Graphics

**Contributing Writers**  
Pete Dillon, Addam Stobbs, Brett Hayhoe, Evan Davis, Ben Angel, Ash Hogan, Alan Mayberry, James Freer, Tasman Anderson, Marc J Porter

**Cover picture**  
Julian Ardley

**Photographic Contributions**  
Q Photos, Alan Mayberry (Greyhound), Daniel Sutton (some Pussy pics), Vicki Jones (Outgames), Portia Turbo (Midnight Shift)

**Distribution**  
distribution@qmagazine.com.au

ISSN 1449-499X

**Q MAGAZINE**  
PO Box 7479, St. Kilda Road,  
Melbourne Victoria 8004  
info@qmagazine.com.au  
www.qmagazine.com.au

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Brett Hayhoe t/a Q Magazine  
ABN 21 631 209 230



# q feature: DANCING JULIAN

**Julian Ardley has become the Billy Elliot of the Melbourne drag stage. In the past year he has danced on all of Melbourne's premier stages. Alan Mayberry spoke to Julian about the meteoric rise to fame of this high school dropout.**

I was born in a small country town called Timaru, in New Zealand and moved to Mt Isa in Queensland when I was 13. I went to Mount Isa High School – but was a high school dropout!

Being gay has never been an issue with me. I just grew up knowing that I was attracted to men. It was not a conscious decision made on my behalf. I don't describe myself as gay, I describe myself as Julian Ardley and liking men in my life is part of my makeup.

Being gay to me is a blessing as I wouldn't be who I am today if things turned out different. I couldn't and wouldn't picture myself any other way.

My career took off when I met Todd Patrick (Director of Patrick Studios Australia) at a private function. A few days later I received a call to attend an audition. Even though I had never danced in my life got through to the final call.

Todd asked if I would be interested in doing casual classes. I was working in a call centre for Optus and thought I had everything to gain from this opportunity. So I did a few classes and just became obsessed. I quit my job and asked if I could train full time, little did I know or fully understand what the definition of full time meant! 'VERY hard work!'

My modelling career started a little earlier than dancing. While I was working in a hotel I stayed back for a knock off drink one night and met a photographer who asked me if I have ever considered modelling? While I laughed at the idea he responded with 'I would love to do a test shoot with you if you are interested' and from there I got representation from a modelling agency after he sent my photos to them. So it's all kind of just fallen into my lap. All I had to do was take these opportunities and work hard to make it happen. Life is your journey so why shouldn't you make the impossible possible?

My first 'professional' performance was at a KPMG corporate function at Crowns Palladium in front of 2000 people! I was petrified!

Now, every weekend I'm blessed with the opportunity of working alongside one of Melbourne's top divas. I received a call from Paris, as she needed a male dancer for a new show she was piecing together and we became good

mates from there. I love the up tempo big dance numbers like *Hush Hush*, *Destination Unknown* and *Disco Inferno*.

I am lucky to have plenty of work on my plate. Currently I am rehearsing for the Australian / New Zealand Just Jeans tour and I just show cased at the Australian Dance Awards at the State Theatre. Not to mention my work for the clubs every weekend – the Market (Grind), Peel, and Classics at The Greyhound.

When it comes to role models I would have to say firstly Mariah Carey – she is the reason I am still alive and achieving my dreams today. Secondly, Todd Patrick and Andrew Hallsworth. One of the first teachers/choreographers to recognise what I had to bring to the table, and helped me not only towards building a stable career in this industry but also building myself as a person/performer, to make better and wiser choices within my life.

My career highlight to date would be the front cover of *Myer One* with Jennifer Hawkins this year, and an 8 page spread in *GQ Magazine*.

Dancing is not an easy game. Fitness is essential. Consistency is a major key to keeping fit along side a good sleeping pattern. I'm all for eat what you want as long as it's in moderation, which is the one thing that I struggle with most.

I love hanging out with my best mates Voula and Leigh. I think it's healthy to have people in your life who understand who you are emotionally as a person. I couldn't live without them.

When it comes to relationships this profession isn't kind when it comes to dishing out spare time. It's been some length of time since I have had a boyfriend but I think I am ready to start dating again.

For 4 years now I have been living here in Melbourne, taking everything out there that it has to offer to become the person I aspire to become. I thank God everyday for what I have accomplished in those 4 years. This year I am colouring in the shady areas of my life with a positive direction because I believe that it is you that controls how much you achieve in your life. Speak your wisdom, know your power and take control! Why blend in when you're born to stand out? Dance unabashedly!



# q youth: with TASMAN ANDERSON

Going back to school after a fun packed holiday has never been any fun, especially now that I'm in my second last year of high school and that my days filled with teenage gossip and no responsibilities are limited but no matter how scary our future looks we all just want to get out and see the world and experience new things but how are we suppose to learn the beauty of life when we are constantly shown violence against homosexuals.



Discrimination against the GBLT community has been around ever since people began acknowledging homosexuality so with teenagers developing their hormones and becoming young adults, its no wonder high school is severely difficult for homosexual youths.

Due to the behaviour and beliefs of many teenagers, a majority of homosexual teenagers find it hard to tell people that they are gay and instead chose to stay 'in the closet' causing them to try and hide it from the people they love the most and feeling like they don't belong. Some GBLT students suffer from alarmingly high levels of abuse from fellow school students which may result in bashings, rape, and verbal bullying; making schools a dangerous and unhappy place.

This kind of treatment can often lead to increased drug use, self-harm and suicide among the teenagers and cause extreme self esteem issues that would need to be dealt with for the rest of their lives.

With all this turmoil and harassment, I wonder what the schools are doing about it? They all state that they have 'zero tolerance' for school bullying but where are they when snide comments and physical bashings are being dealt to homosexual youths each and every day?

Although the majority of the discrimination is caused by the students within the school, there is also the school itself. Several schools across Australia have silently banned same sex couples to attend the formals together. In one case regarding a popular private school, a gay student was told to bring a female partner instead of his male partner due to the fact that the school did not support homosexuality. This kind of discrimination is appalling. How can homosexual students accept themselves for who they are when others refuse to acknowledge it?

School is meant to be a safe place for learning and bettering ones self for the future, not a place to be humiliated everyday for something out of their control. The main issue is how the students are educated, some have beliefs that homosexuals are dirty and horny over every single one of their own sex which ends up causing the student to panic and resort to bad treatment in hopes to deter the homosexual from advancing on them.

So the question would be how are we to stop this victimization and torment? How can we explain to a generation of mini Hitlers that homosexuality is not the end of the world and not a contagious disease that many believe it to be? Perhaps re-education and discipline are in order? Maybe the time has come to change the way our younger generations are thinking, teaching them that each person has the freedom to love whomever they wish. If parents cannot teach their children to accept those in society that are different then maybe they don't have the skills to raise their child?

So what are we left to do now? How can we protect ourselves from vicious verbal and physical beatings? Until the government takes a stand and starts to re-educate school students, public humiliations and illegal offences will need to be avoided by taking a number of precautions such as; travelling in a group of six or so when going out to night clubs, movies, dinners, and nights out with friends; avoiding dark alleyways and walking along the sidewalk of a busy street if it is possible, never giving out personal email address/phone numbers or home addresses to anyone who are not classified as friends and finally to those that must suffer the closet syndrome, try sharing your sexuality to a supportive friend who will be by your side no matter what. When you're itching to spread yourself out of that closet, who ever said you had to come all the way out on the first go?

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# q lifestyle: with PETE DILLON

**So Adam and Steve, or Susie and the Floozy have invited you and your current squeeze for dinner, and of course, you need to bring wine. You know that they like a good drop and you are not sure what is best to take.**

What follows is a list of 10 sure picks that will please even the most discerning of wine drinkers, at a variety of price points to suit every budget. It always helps to know what is on the menu. If it is Asian food, you can be safe with a quality Riesling, pinot grigio or even a safe light red. For Mediterranean food, it is safe to bring a ballsy wine of either colour as you know that the food will have loads of flavour. Indian food is always great with a rose, a full flavoured boutique or imported beer, and for Oz Fusion, the choices are endless. The easy way to think about the marriage of food and wine is not to get hung up on old rules, and make sure the wine will compliment rather than dominate the flavour of the food.

For under \$20, try a 08 Windy Peak Pinot Grigio. Whilst not the best on the market, this wine has great PG characteristics and is incredibly good value. Lots of nutty floral type aromas on the nose, and a smooth and creamy finish, with the required melon and lemony mid palette punch. Its not as complex as something at the higher end of the scale but will work well with most foods, excepting big bold sassy meaty stuff.

Also in this price range, you will find the 08 Innocent Bystander Pinot Noir. Regular readers will know I am a fan of this winery nestled in the main street in Healesville in Victoria. Representing excellent value, there is the hint of cherry flavour with this wine. It has a medium body and the finish is very fruity with a light tannic hint. It doesn't need to lie down for long and is easy drinking at the moment, but will cellar for 2 years if you require. The nose is all floral and berry. A great buy for about \$20

At \$17, the 07 De luliis Verdelho from prime Hunter Valley grapes often sold to Tyrells is a beautiful wine for Asian food. With hints of lychee or rambutan, this zesty little wine has a stunningly subtle aromatic nose and is delicious, clean and elegant. The wine can sit on the rack for a good while under screw cap without any worry of it being overdone.

From the Barossa in SA and selling for about \$22 is the 06 Fox Gordon Abbey Viognier. Another member of the aromatic family, this is a well made and utterly drinkable viognier. With hints of stewed apricots, nutmeg and zesty grape skins, this wine made by Tash Mooney is a fabulous example of the variety. Drink it with pork belly.

Back to the Pinot Noir again, this time an 06 Hoddles Creek from the Yarra Valley. A bright spicy start with minty, dark cherry and strawberry hints mid palette, this Pinot Noir will cellar and drink well at the same time. For value for money, you can't go wrong at \$18 or thereabouts. The finish is a little tannic without being overbearing. It is both sweet and savoury at the same time.

Tempranillo, the Spanish red variety, is taking off like a storm across the country. From the Clare Valley comes Crabtree Watervale 06. With a dark plum and aniseed nose, a sprinkle of spice leads you to a great mid palette weight and length. It has enough acidity to ward off the very fruity ballsiness of the wine, and is eminently drinkable right now. About \$22.

Something bigger take your fancy? Then try the 05 Rockford Basket Press Shiraz. In similar style to previous vintages, the dark chocolate and vanilla kick will remind you of Christmases past. It's a little broody and earthy, yet very clean and not overdone. A great wine to have with some prime angus beef and at \$48 not cheap, but a worthwhile investment with good meat.

From Victoria's Pyrenees area comes one of my faves, the 06 Donny Goodmac Shiraz. This will be hard to get, but will be worth the time and energy to find. It is seamless in its balance- not too big and yet not thin and wimpy. It has a beautiful peppery nose, balanced on the palate with strong plummy cherry like characteristics which will have your tongue humming. With exotic spicy notes, this will drink perfectly well now or will cellar well also. For around \$30, if you can get it, buy as much as you can – probably one of this country's best Shiraz offerings.

From the Clare Valley comes one of the most under rated varietals we make. Meaning spicy and dry, Gewurtztraminer is rarely purchased except by those in the know. The 07 Skillogelee Gewurtztraminer has a nose that is all lychee and rose petal with an oily rich and intense palate. This wine will confuse as it smells sweet but delivers a crisp clean finish with a tiny hint of sweetness at the back. With perfumes and waves of spice, match this with some Thai food for a marriage made in heaven, and less than \$25.

For lovers of Cabernet Sauvignon, head straight to Lake Breeze from Langhorne Creek. The 2005 cab sav is a corker. It has a full body that is all blackcurrant and chocolate, with a beautiful finish that will have you smacking your lips. I call it chewy because you want it to stay on the palate to chew it, it's that good. Hints of mint and cedar balance this wine perfectly and with great finesse, making it elegant and mildly tannic on the finish. You will want more, and especially with a slow cook like osso bucco. Buy it for under \$25

For the piece de resistance comes my mother of all wines, the 05 Cullen Diana Madeleine. Made by the award winning Vanya Cullen, this Margaret River winemaker has become one of the best in the country. The Diana Madeleine is sublime in its presentation on the nose and the palate. Starting with a beautiful spicy aroma, the wine offers fine tannins from front to back, that linger but are not persistent. Concentrated black fruits are juxtaposed against super slick oak to create a dynamic length and finish to this wine. The elegant deep and intense fruit handle the tannins beautifully. If you want to impress, splash out the \$90 or so that you will need to buy this baby. Will cellar until at least 2017.

So if you can't find something there that works for you, feel free to get in touch with Pete at [lifestyle@qmagazine.com.au](mailto:lifestyle@qmagazine.com.au) or on 0409142365.



# q money: with EVAN DAVIS

G'day and welcome to Q Money.

I strolled into the car yard. Before I reached the car I'd seen online I was stopped by what looked like an overweight extra from a 70's British gangster movie. He wore retro brown and gold sunglasses, a 35 year old leather jacket and smiled at me with stained teeth from under his nicotine yellow handlebar moustache.

His gold chains rattled as he took a long drag on an unfiltered cigarette. He slapped the roof of a decrepit black Nissan then had to push his belly back through the front of his shirt. In an actual Cockney accent he exclaimed, "You look like you want something sporty my son, how about this one? It goes like a dog shot in the ear!" His phone started ringing, it was his wife. I crept back toward the car I'd come to see.

Buying a car of any kind is tricky so do your homework. Make sure you actually see the car, particularly if buying privately. Ask lots of questions and be wary. Getting an inspection done by a professional and purchasing a title check from Vic Roads can help protect you. There are lots of scams around particularly with the internet. If the deal seems too good to be true it probably is!

If buying second hand a licensed motor car trader (LMCT) will have clear title on their cars. For new or second hand cars the internet is a great research tool. It is easier now to get a feel for what different makes, models and ages are going to set you back. If possible, shop around. You can always go to more than one car yard.

This is particularly true of new cars. There is pretty much always a better deal around the corner. Sometimes you might get a better price depending on when you buy. Many dealers have targets they have to hit each week, month, year, and financial year. Check any car carefully and make sure of the build and compliance dates. A car broker can also be of great assistance in finding the right car and negotiating the price for you.

With finance, find out all the costs and the exact repayment amount. Often with car finance there is no legal requirement to disclose fees, charges, interest rates or brokerage. It is critical that you get all figures in black and white before you sign the contract. Often higher rates, fees and huge brokerage costs can be hidden in loan contracts with big balloon payments or residuals at the end of the term. Also insist on knowing what the early payout penalties are on the loan.

Finally I had made it to my car. It was a baby blue 1968 Morris Mini Deluxe. I'd always wanted one. The salesman had finished his phone call and found me sitting in the car. As he spoke he accidentally blew smoke through the window and into my face, "Bloody women huh?" I replied "Mate, I'd really have no idea..."



# q music: MR. SWAGGER RELEASED

With the release of the new album, titled "Mr. Swagger", Zambian based Hip-Hop pioneer, C.R.I.\$I.\$., real name Chisenga Katongo has also revealed his new album cover design. As one of the many ways to tackle piracy, the rapper believes that once people are familiar with the real product, they will not be sold a CD with a fake cover.

With a name change from C.R.I.\$I.\$. to Mr. Swagger, the Rapper/Producer and Diamond Chain label owner says that he is using a new approach in all his dealings regarding this album and everything else. The new album is set to introduce people to a new man, as the rapper clearly displays that he has finally found himself.

"There's a lot of good music on the radio but, there is also a need for someone to come with change that people can believe in. Mr. Swagger is to Hip-Hop what Obama is to the White House. A new face, approach attitude and a team that is ready to look into people's needs" says the rapper. The album has now been released and tours are now scheduled around the city of Lusaka, and then countrywide and international appearances will follow next.



# q show: CAN YOU SAY CHEESE?

## AUSTRALIA'S TOP CURDS ON SHOW

Keep the winter blues away with an oozing selection of over 300 Australian handcrafted cheeses at the thirteenth annual Melbourne Specialist Cheese Show on Sunday 23rd August at Crown, Palladium Room.

Turophiles (cheese lovers) will be able to frolic amid Australia's best fromages made by the country's finest cheesemakers. With a bevy of cheeses up for sampling including soft camemberts, aged blues and sharp cheddars and the 2009 Grand Champion Cheese winner, it's the perfect way to spend an August winter day.

The Show celebrates Australian specialist cheeses made from cow, sheep, buffalo and goat's milk hailing from prime cheese-making regions across the country. Standout producers at this year's show include Vannella Cheese Company (QLD), Udder Delights (SA), Woodside Cheese Wrights (SA) and Meredith (VIC) dairies.

In addition to tastings, cheese enthusiasts can indulge in the opportunity to meet the artisans of the curd creations on show. Over 30 of Australia's dedicated specialist cheesemakers will be there to guide you through your tastings and answer any tricky questions.

Visitors can take their experience one step further with a cheese and wine or cheese and beer matching tutorial. Held by two of the country's most respected cheese experts, Chief Judge Ian Robertson and renowned cheesemaker David Brown, sessions run for approximately one hour and cost \$15.00. For bookings or information please call (03) 9381 1777.

Sunday 23rd August, 11am – 4pm, Palladium Room, Crown Entertainment Complex. Show Tickets are \$45.00 which includes unlimited cheese tastings and five wine and or beer tastings. Limited tickets are available on the door.





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# q drag: **PUSSY WILLOW**

Alan Mayberry had to brave a hearty session at Hungry Jacks to chat with Pussy Willow to find the recipe for her success on the Melbourne Drag circuit. The rumours ain't true – she never ate her way to the top or abused the casting couch to achieve fame. But let Pussy put it in her own words!

I was born in East Melbourne on a sunny April morning in the mid-seventies (mother says she remembers wolves howling at a total solar eclipse as she went into labour). My parents were very much about doing their own thing so I was passed around from grandmother to great-grandmother, all very, very strong, stylish and hysterically funny women. My great-grandmother Pearly was a wig wearer and never had the same hair colour two days in a row. Luckily I do not have that dilemma! 29 black bob wigs makes it easy to choose.

Then at the age of 6, I was shunted up to far north Queensland, the single most horrific event in my life! Ten years later, at 16, I came back to Melbourne on my own with the aide of a substantial inheritance from my great-grandmother. I finished my schooling, took 4 years off and squandered my estate.

Upon the total decimation of my great-grandmother's legacy, I went and got myself work in the cosmetics industry. I figured I could get free skin care, and I still work in it today!

I rarely went out to 'gay' clubs as I had nil interest in contemporary music or the people. But one night I went to 3 Faces and saw an act called the 'Dynamic Duo'. They were so so funny and there was camaraderie between Candee and Barbra that was irresistible. I found myself returning every Sunday night to watch their show. I was hooked. Then one night, long before we ever became friends, I saw this AMAZING vision of hair, make-up and costume, it was my dear chum Paris: she was a walking talking (staggering) – Auntie Mame come to life – and boy did that open a new window! Like a moth to a flame, I was drawn to her, and somewhere down the line we became dear, dear, friends and occasional fr'emies!

Even as a child I loved people like Danny la Rue, Dick Emery and Stanley Baxter. I was (and still am) obsessed with musicals and variety shows from the 60s AND 70s. Instead of wanting to play cowboys and Indians, I wanted to be Mary Poppins or Annie.

Being gay or straight was never an issue. There was never a closet for me to come out of, I was just – me! I think I was predestined to become a drag queen.

Around the end of the last century, Paris was working at a night club called 'Heat' at Crown Casino with a big 'girl'



from Thailand called Rose Handmecoek, who has since been deported from the country for smuggling exotic wildlife up her arse into South East Asia. Upon Rose leaving, Paris encouraged me to pop on some lippy and mascara and hey presto – Pussy Willow was born – a fat, angry, hot, hungry, slightly Asian-looking creature (my great-great-great grandmother was Korean, her name was 'phat ghut').

A short while after Heat, Paris went to the Xchange to do a show called *Big Mother* and I was lucky enough to be her side-kick, a role I am still happy to call my own. So if anybody wants to point the finger at unleashing me on the gay world it should be my pal Paris and the Xchange's lovely Kevin Attwood, they both have a lot to answer for!

Through the years, I have popped my head up at most of the major venues, but most fun of all, was my engagement to be the side-kick (again the side-kick) to the legendary Kerrie Le Gore for her limited return season of *Le Gore's Backyard* at the Xchange. Filming with Kerrie and Kevin were some of the funniest times I have had in drag. Le Gore's home-made sausage rolls are divine and Kevin always put on a good spread for me at his ranch. I also got to work with one of my favorite gals, and Melbourne's queen of mean, Tabitha Turlington at the Xchange, Peel and Diva Bar. But more than any other venue I always seem to be called back to the Xchange to be the 'nasty' judge for any competitions that they have or if a bitch was ever needed. (I'm actually lovely!)

Nine years on, I was back at the Xchange as Paris's sidekick (again) in *P-Soup* on Thursday nights! Like any good soup the ingredients are paramount – Paris is the old vegetable and I'm the fatty meat! Thick, chunky and very satisfying.

In between all of that I have worked with some of the most funny and wonderful people. But mostly I am so proud to be able to say that I started working with the best of the best – Paris, Kerrie Le Gore and Tabitha Turlington and I would like to use this as a forum to say, 'thank you!' It was like going to the best school for drag you could imagine.



# q theatre: **FLYING THROUGH THE YEAR**

## **CATHERINE DEVENY & DANIEL BURT**

Catherine Deveny (The Age, 774 ABC) and Daniel Burt (Writer, The 7pm Project) present an evening of insight and filth. More comedy than musical.

*Thursday 6 to Sunday 16 August 9.00pm Thursday to Saturday; 8.00pm on Sundays  
\$22 full / \$17 concession and for groups of 8 or more*

## **HUSKY – THROUGH THE LOOKING GLASS**

Husky – Through the Looking Glass presents a rare opportunity to hear Husky's songs in their most beautiful and vulnerable form. Intimate and entirely acoustic, Husky will draw you in with stories of bizarre characters and unfamiliar places, set against lush and intricate sonic landscapes and interwoven with strange musings and unworldly musical interludes.

*Thursday 13 to Saturday 15 August - all shows at 7.00pm \$17 full / \$12 concession  
& for groups of 8+*

## **THE BLUES**

Hear the blues as you've never heard them before; by a white middle-class twentysomething. Join comedian Michael Connell as he uses his harmonica to play away his blues.

*Thursday 20 to Sunday 23 August 7.00pm Thursday to Saturday; 6.00pm on Sunday  
\$18 full / \$16 concession and for groups of 8 or more*

## **Stephen Cummings in WILL IT BE FUNNY TOMORROW BILLY?**

Stephen Cummings, who has put on shows that were in-your-face performance satires – mixing glam, and pop, with semi-nudity and soft-core action – has turned his memoir WILL IT BE FUNNY TOMORROW BILLY? into a musical. Great songs.

*Thursday 20 to Saturday 22 August - all shows at 9.00pm \$24 full / \$19 concession  
and for groups of 8 or more*

## **GYAN in SUPERFRAGILISTICALLY**

This will be one of the first outings for songs from SUPERFRAGILISTICALLY, the soon to be released new album from ARIA award singer / songwriter Gyan. Quirky, poetic, beautiful and fragile, Gyan will also perform tunes from the successful CD / book and live show Billy the Rabbit – her collaboration with cartoonist Michael Leunig – which scooped a Sydney Theatre Award in 2007 for best cabaret production.

*Sunday 23 August at 8.00pm \$22 full / \$17 concession and for groups of 8 or more*

## **Claire de Freitas in THE SECRET LIFE OF A SECRETARY**

We all know what really goes on in a corporate office – the backstabbing, the romance, the dramas... Finally, here's one secretary who isn't afraid to talk (and even sing) about it! Sit back with Miss Byrd as "The Office" meets "Sex and the City", and enjoy glamour, gossip, and one hell of a lunch break! Performed and written by Claire de Freitas

*Thursday 27 to Sunday 30 August 7.00pm Thursday to Saturday; 6.00pm on Sunday  
\$22 full / \$17 concession and for groups of 8 or more*

## **John Frankland in I'M ONLY COOL WHEN I SWING**

He sings like Sinatra, looks like Bowie, dresses like Dr Who and wishes he was the web slinger. John Frankland explores the inner nerd, desperate to escape, and wreak havoc on The Butterfly Club in a swinging cabaret. Looking at the world through the eyes of a drunken jazz singing chef who wishes he was a private detective, had he not been cursed with chronic asthma, making smoking a cigarette a near death experience ... (and the fact that the police force don't allow you to drink whiskey on duty anymore.) So ... when you get to the end of your rope, tie a knot in it hold on and swing.

*Thursday 27 to Sunday 30 August 9pm Thursday to Saturday; 8pm Sunday*



**The Butterfly Club**  
204 Bank Street, South Melbourne  
Tuesday through Sunday from 5.00 pm til late

# q music: JOHNNY CASH TRIBUTE

The tough, challenging life of country music superstar Johnny Cash and his legacy of powerful song hits come together in a brand-new show starring electrifying Australian rock identity Tex Perkins.

THE MAN IN BLACK will commence a two-week season at The Athenaeum Theatre from 1st September 2009, after special one night only performances in Nunawading (Aug 7) and Ringwood East (Aug 8).

Cash, who died in 2003, was one of America's most influential country music stars, his output over a long career covered a range of genres, including rockabilly, rock 'n' roll, blues, folk and gospel. He sold well over 50 million records in his lifetime and his music is still selling today.

Johnny Cash was dealt a very tough hand early in life, but through his music and dedication he became a legend throughout the world.

Renowned as "one of the wildest and most electrifying front men in rock" (Herald Sun), Tex Perkins, singer with the multi-ARIA Award-winning Cruel Sea, Beasts of Bourbon and Ladyboyz, will lead The Tennessee Four in the night of memorable music.

Rachael Tidd, who has sung and acted in everything from Shakespeare to Sondheim, interprets June Carter's vocal style in the show, and Peter Luscombe, James Black, Steve Hadley and Ashley Naylor are The Tennessee Four.

Written by Australian theatrical producer Jim McPherson, who confesses to a 40-year fascination with the wildly unpredictable star, THE MAN IN BLACK is two hours of Cash's magnificent music interwoven with the story of his rise to stardom, his fight for survival and his eventual redemption.

The show explores his relationships – with the dynamic and talented fellow country artist June Carter, with hardened prisoners and lots in between.

Ring of Fire, I Walk the Line, Folsom Prison Blues, Sunday Mornin' Coming Down, Get Rhythm, A Boy Named Sue, Hey Porter are just some of the more than two dozen Cash hits in the show.

Tom Healy directs the production; Andrew Barker and Simon Myers are the producers.

For complete performance & booking information: [www.themaninblack.com.au](http://www.themaninblack.com.au)



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# q exhibition: ANTHONY BRESLIN



Green-Wood Gallery presents Anthony Breslin's latest body of works.

"Anthony Breslin is a poet, painter, performer, stage designer and director. Perhaps we may think of him as a kind of urban shaman, an intermediary between the natural and supernatural worlds who uses symbols, ritual and performance to raise the soul consciousness of the individual and of the tribe." - Dr Lisa Dethridge

"Anthony has the power to imbed images within the borders of each canvas that reflect his penetrating and discerning persona. His paintings of 'heads' and 'faces' are not fermented out of moralising whimsy but, on the contrary, evidence intuitive movement despite, at first impression, a random and arbitrary interpretation.

The viewer is obliged to search far further in order to understand the reasoned intimacy so proficiently presented by Anthony and not permit oneself to flounder upon the doubt of first impression."

"The future is a rich one for this young and charismatic painter whose art form is propelled by the impulse of his own authentic life's force revealing a freedom of expression that sheds the panoply of timorous restraint. He is truly free." - The Honorable Paul Guest from the book 'Anthony Breslin: Frantic Bloom'.

Anthony won the emerging artist award for the Asia Pacific region at the Shanghai Art Fair, China, November 2007.

Exhibition details: ANTHONY BRESLIN: THE BEGINNING OF THE END OF SOMETHING NEW

21 August – 6 September, Green-Wood Gallery, 1 Hotham Street, South Melbourne, VIC, 3205, [www.green-woodgallery.com](http://www.green-woodgallery.com)

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# q health: E-HEALTH WEB SUPPORT

New e-Health initiative allowing greater rural access & taking industry by storm. Collectivesupport.com.au has launched after extensive research into professional availability of mental health and counselling services in Australia. The site has been designed with the intent of community, which reflects in its name and motto; "Bridging the Gap. Building Communities."



.COM.AU  
**COLLECTIVE SUPPORT**  
BRIDGING THE GAP. BUILDING COMMUNITIES

This website is the first of its kind in Australia, providing clients and general users varying options of assistance including; a professional face to face online counselling service, subject based bookstore and community forum.

Counselling services are face to face via a webcam. The client software download is available on site and allows the video connection. The client logs into the software and hits connect – automatically dialling the pre booked counsellor.

Collective Support was conceptualized and developed by a WA rural couple, Nic & Rob; who witnessed firsthand the frustrations in trying to source timely, professionally qualified assistance. Nichola Hartwell & Rob Martin also recognised a large stigma and a lack of general community support; in particular, in areas of mental health.

Its design and implementation has attracted the full public support of the Australian Counselling Association. CEO Philip Armstrong stated "... that the ability of Collective support to offer a wider choice of therapists to consumers through a web based service will revolutionise the delivery of counselling services in Australia."

Collectivesupport.com.au launches with seven specifically identified genres of assistance, including; Depression, Sexual Abuse, Grief, Domestic Violence, Cancer, Relationships and Divorce. They are intending to enlarge this scope, as they progress.

The overall integrity and high standard levels of the Collectivesupport.com.au website flows through into the counselling service, with all professionals achieving minimum requirements in training, education and work experience levels. In particular, mandatory professional membership is required with Australia's 3 leading industry bodies: Australian Counsellors Association; Australian Psychological Society; Australian Social Workers Association.

Over sixty psychologists, clinical social workers and professional counsellors; from all around Australia; have approached Collectivesupport.com.au with interest in becoming a part of their team and this number is growing daily. There are currently fifteen professionals online, with another sixteen currently being processed to come on board.

Collective Support intends to have these professionals represented online by the end of this month. This already positions Collective Support as one of Australia's largest private counselling services and e-health providers.

Collective support is now receiving many referrals of clients from other national organisations and telephone hotlines, in all states, and they have been successful in sourcing the closest appropriate professional assistance for those people.

Collectivesupport.com.au is a client focused company. Its integral concept is to treat a client as a respected consumer – allowing them choice of practitioner and appointment time – instead of just having to accept what they are provided.

This service now allows those requiring counselling assistance to have easier access and availability of service, allowing a reduction in waiting periods and providing clients a greater choice of service professional. Rural, disabled and stigmatised clients can utilize Collectivesupport.com.au from the comfort of their own home, reducing stress and the need for travel, and ensuring privacy. Collective support has been in discussions with WA Tele-centres to provide a community focal point for people to access the service, where the technology is not available in home.

Counsellors utilize a software 'brief case' program, which provides them the ability to conduct their appointments. This integrated software system allows availability times to be selected and uploaded to the site real time calendar, which is time zone friendly. The calendar is where the clients select and pay for their preference. The software also incorporates a note taking and filing system & library. The encrypted face to face session starts when both professional and client are on line and ready to go – by pressing connect.

Collective support is also in the process of developing a comprehensive national database of qualified Psychologists, Counsellors and Social workers. This will be published upon completion and will allow users to locate a qualified professional closest to them for 'in person' appointments

The community forum allows private 'virtual' rooms, where support networks and group discussions can be held. Professionals can now also facilitate community development courses within the private room areas, allowing courses to occur despite demographic issues for participants. This is text based, and again, allows people to be open and honest in their feelings without being intimidated, ashamed or embarrassed.

The bookstore currently offers in excess of four hundred books, each in their separate category, allowing sensitivity to each genre as individually recognised, and delivered to your door.

# q travel: with ASH HOGAN

## Weekend wineries away

There's nothing like the ultimate short break with your significant other, life partner, or the guy you just met last night on Commercial Road. And why not combine tourism with one of Australia's great loves – wine. Of course, we are blessed with many grape growing regions whether it is the Hunter, the Yarra, the Adelaide Hills, the Barossa, Margaret River, and even Mt. Macedon. So with airfares at historic lows, and most locations within an easy drive of our capital cities, a wineries weekend getaway is the perfect escape for two.

If it's NSW that takes your fancy, an easy 90 minute drive up the M3 freeway lands you in the quaint town of Pokolbin, a great base from which to explore the many established and boutique vineyard operations. Starting the day with Peterson's Champagne House in Lovedale, you will appreciate the sparkling Sauvignon Blanc with its crisp, clean and refreshing taste. It's hard to go past Lindemans who often have the odd clean skin bargain at the cellar door. If you haven't yet tried the Limestone Ridge, it's well worth the investment. Brokenwood is popular for the Cricket Pitch, and for those who like to combine music and wine, both Opera and Jazz are scheduled in the Hunter for 24 and 31 October 2009 respectively. Accommodation at the nearby Crowne Plaza is central to everything, for a more intimate encounter try one of the many B&B or self accommodation options, such as Manzanilla Ridge which includes loft style accommodation and your own private outdoor Jacuzzi tub in the middle of nature.

It was only last September that I stumbled across Victoria's wine country, now an easy one hour drive from Melbourne's South thanks to the new Eastlink. Arriving one Saturday morning, a visit to Chandon was in order for the ZD "zero dosage" sparkling. Yering Station make an excellent drop or two in a red, but it was Rochford Wines who really impressed me with their restaurant with sweeping views of the of the Yarra Ranges and a glass of their Cabernet Sauvignon. I stumbled back to the Sebel Yarra Valley where rooms were well appointed, with thoughtful touches including a wide array of wine glasses with which to sample your day's purchases.

South Australia is spoilt for choice with three regions within 90 minutes drive of Adelaide. Whether it be the quaint surroundings of Petaluma's Bridgewater Mill, the delights of Grant Burge, or the opulence of the Penfolds Grange Dinner, it's hard to find a bad bottle of wine to open with your evening meal. And the Barossa Gourmet Weekend is just a few weeks away (22-23 August) where you can titillate your taste buds and enjoy a great drop all at the same time. With a range of accommodation in the CBD and down at Glenelg, the Hyatt Regency and the Hilton offer five star surroundings at surprisingly competitive rates compared to the other capital cities.

However long your stay, wine tourism is alive and well across Australia. For the best travel deals see your licensed travel agent, contact the Tourism Board in each state, or research your favourite label online. Enjoy and drink responsibly. **Ash Hogan is a freelance travel writer based in the Middle East.**

# q puppets: RONNIE BURKETT STYLE

the Arts Centre presents Ronnie Burkett Theatre of Marionettes in BILLY TWINKLE

World renowned puppeteer Ronnie Burkett is returning to Melbourne with his long-awaited new production, Billy Twinkle - Requiem for a Golden Boy, playing for a strictly limited three week season.

Recognised as one of Canada's foremost theatre artists, Ronnie Burkett has been credited with creating some of the world's most elaborate and provocative puppetry. For over two decades, Ronnie Burkett Theatre of Marionettes has stimulated an unprecedented adult audience for puppet theatre with eleven unique productions which have played to critical acclaim across the globe.

A master actor, storyteller, craftsman and technical artist, Ronnie Burkett's theatre is simultaneously heart-breaking, outrageous and outrageously funny, as it seeks to illuminate the darkest corners of the human condition.

Billy Twinkle is a middle-aged cruise ship puppeteer who dazzles audiences with his Stars in Miniature marionette nightclub act. He is the best in the business and on top of the world, until he is fired. Contemplating a watery demise, Billy is called back to reality by the ghost of his dead mentor and is forced to re-enact his life as a puppet show in order to remember and rekindle the passions he once had.

Tickets are on sale now. 3 – 20 September, Tuesday to Sunday 8pm, the Arts Centre, Fairfax Studio, \$65 - \$40 Intended for adult audiences. Not suitable for people under 15.



# in bed: with BEN

## Guy's Wardrobe Basics

There's nothing sexier than a man that can dress well and be comfortable in his own skin. Today, I thought I'd help by providing basic rules/guidelines to help you dress in style and get a few heads turning. The best way to do this is with a 'What's Hot and What's Not' list of course. Enjoy...

### What's Hot!


- Well tailored shirts without excess fabric sticking out from around your waist
- 1.5cm's of shirt coming out from your cuff and collar when wearing a suit jacket
- Pant length that falls to your heels and doesn't hang around your ankles (that's only for special occasions, i.e. dirty sex!)
- Semi-fitted clothes, they suit absolutely everybody. Too baggy can result in added poundage and too tight will emphasize any lumps and pumps.
- Colours that compliment the wearers skin tone. To achieve this hold garments up in front of your face before you purchase them and look for key signs, i.e. do they make you look washed out, are they too harsh, are the colours/clothes wearing you and you're not wearing them.
- Low-rise jeans/pants on short guys. It makes you appear taller and gives you more presence.
- Patterns that compliment the wearers frame, i.e. larger patterns for bigger guys, smaller patterns for smaller guys. It's all about balance.
- Wearing what suits not just the latest trend. Some styles and trends will suit you perfectly others will make you look like you've been taking fashion advice from the show 'Antiques Roadshow.' Go with what works for your shape and your style.

### What's Not!


- Overly tight tops when you have muffin top or a beer gut
- Cartoon socks — need I say more?
- Hair that is dyed too dark for the skin tone. As we age our skin colour dulls, keep this in mind if you're dying your hair from light to dark. Find a shade that compliments your skin tone as hair that is too dark will make the person appear washed out and sick especially when you are 40 plus years old.
- Bad breathe — take a pack of mints with you everywhere you go. Why? Because I know where your mouth has been that's why!
- Comb-over's — why won't you think of the children! Cut it short or shave it off.
- Over plucked eyebrows — this is the opposite to the hairy John Howard days in which he used to look like Chewbacca from Star Wars. Don't make the opposite mistake of having them overdone. Eyebrows make a massive difference in how people treat and interact with you.
- Crocs — they are a complete abomination, burn them to hell!

There you have it. A brief style guide for any guy that wants to up his game at work, at play and at home.





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For Your Lifestyle

# q cosmetic: SUBQ - A PERSONAL CASE

I have to say that this was one of the hardest decisions I have ever had to make. Not because the procedure was invasive or painful. Not because I have anything against cosmetic surgery. But because I have a deep, serious, phobia of needles. I did however agree to do it, and am now extremely happy I did.

Plastic Surgeon, Brett Archer performed the procedure using a product called Restylane SubQ as a base filler then Restylane Perlane to top it off for a smooth finish. He did the procedure over two separate sittings, a week apart. Brett was extremely supportive and explained everything perfectly for me. The ONLY part of the procedure that was even slightly uncomfortable was the initial anaesthetic - the rest of the needles were an absolute breeze.

*"In working with lipoatrophy patients for the last 9 years, it continues to impress me how much a small change in cheek appearance can alter a person's quality of life. "Fillers" offer a simple option to dramatically improve a person's appearance and self-confidence", says Brett Archer*

## The Next Generation: Volumetrics

Facial volume is normally lost and is the most obvious indication in our ageing averse society. There is no single formulaic approach - bone structures are different, skin is different, genetics are different, ageing for everyone is a completely different game. So while people search for a way to turn back the hands of the clock, they still want to look like themselves. As we age, there are four key effects that are attributed to the loss in facial volume, which we all experience as the dreaded hands of time begin to make an impact upon our faces, and consequently our overall appearance:

- Loss of facial fullness or the atrophy of facial fat. This is not always a contributing factor but primarily so; Decreased tissue elasticity; Gravity; Genes - look to your parents for indications of how you're likely to age.

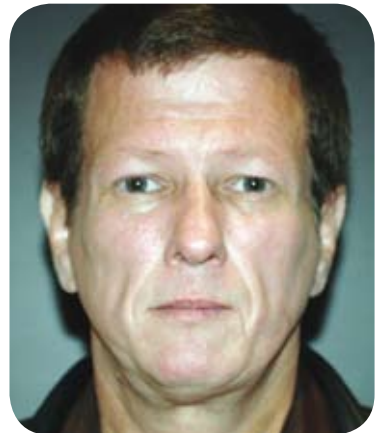
Ageing also changes the three-dimensional topography of underlying facial structures. Once we reach our twenties we begin to lose the natural fullness from our face - the three-dimensional fullness which creates the very contours of our face. The reduction in volume of fat pads is particularly obvious in the cheeks. The loss of diffuse facial fat is primarily obvious in the cheeks and temples. Sagging of the skin is a result from the redistribution of facial fat - which leads to concavity of the cheeks and temples.

## What is Volumetrics?

Volumetrics is the newest cosmetic enhancement technique. It combines two variants of Q-Med's HA dermal filler, Restylane SubQ and Restylane Perlane, to achieve a tailored result. Volumetrics is the three dimensional contouring of the face as opposed to just filling lines and wrinkles. It's about re-creating facial harmony, for a natural, non-surgical face lift, or anti-ageing technique. Rather than going under the knife, Volumetrics is the new technique to help replace volume lost - while still maintaining your natural look.

## How does it work?

Volumetrics aims to replace that central volume that's been lost over time. Volume is important for facial attractiveness. The lack of facial volume results in flat facial features, which in turn affects the central facial triangle - impacting upon the facial harmony. Volumetrics is completed with the world's leading and most clinically proven HA dermal filler, Restylane. Restylane SubQ, a variant from Q-Med's range of non-invasive treatments, has the thickest gel consistency and is formulated specifically to sit in the subcutaneous layer of the skin providing the structural support and additional volume to give the lift needed to counter facial fat loss. As with the entire Q-Med range of (Hyaluronic Acid) HA dermal fillers, an additional top up treatment can be provided four-six weeks after the initial treatment. This means that you can work with your practitioner to achieve optimal correction and achieve the look you are seeking. Less is more, is often the best approach.



## Made from a natural substance

RESTYLANE is a crystal-clear gel made from a natural substance called hyaluronic acid (HA). HA occurs naturally in our bodies and attracts water to hydrate the cells and fibres of the skin.

As we age the natural HA in our skin depletes and becomes less efficient. As a result our skin loses its natural elasticity, volume and buoyancy. The HA in Restylane is modified very slightly to increase the duration of effect, this modification is less than one per cent from the native HA which already exists in the skin. Restylane is the most widely used and scientifically-proven HA dermal filler.

## Natural, long-lasting results

One of the many advantages of Restylane is that it is long-lasting, but not permanent. Clinical trials show the duration of the effect of Restylane lasts considerably longer than other non-permanent aesthetic treatments.

The product degrades naturally over time and the effect typically lasts nine months to over a year, although a recent clinical trial showed duration up to eighteen months.

The use of Restylane as a cosmetic enhancement procedure is supported by the most extensive set of published clinical studies of any HA dermal filler available. It is the most widely used and scientifically-proven HA dermal filler.

Restylane contains an optimal concentration of unique HA, where approximately one percent natural HA has been stabilised through a patented Q-Med process. Because of this low degree of modification the body recognises Restylane as a natural substance.

Restylane remains in position following injection and gives greater lifting capacity to the skin. Clinical studies confirm a smaller injection volume is required with Restylane compared to other commonly used dermal fillers.

Restylane actively maintains its volume under the skin over time typically lasting nine months to over a year, unlike other dermal fillers which shrink as they degrade.

## About Q-Med

Restylane is made and distributed by Q-Med, a Swedish company dedicated to the development and advancement of injectable dermal filler technology.

All Restylane products are manufactured by Q-Med in Sweden following the unique patented process, under strictly controlled conditions.

The unique NASHA™ dermal filler technology was created and patented by Q-Med in 1995.

Since then, the company has pioneered eight advancements in dermal filler delivery and performance based on NASHA™ – the most recent being Restylane Lipp.

## How can it be used in the cheeks (as in my case)?

Restylane SubQ can be injected into the deep dermis along the cheekbone to add a fuller, fresher look.

Whether it's for a 'lift' or to add contour, it provides deep dermal support providing help in the skin where it is needed to restore skin volume and give youthful shape and contour to the face. The effect is very natural, leaving your skin feeling firmer but still soft to touch.

The treatment is suitable for a wide range of patients seeking to improve their facial shape and definition without resorting to surgery or having permanent implants.

## How does one access this treatment?

Go to [www.revitaliseyourskin.com.au](http://www.revitaliseyourskin.com.au) and follow the prompts to find a practitioner in your local area. There are practitioners throughout Australia and New Zealand.



# q whispers: with ADDAM STOBBS

**Oh My God it's on again!**

**The marriage debate and the push to force the government to give same sex attracted people the 'right' to marry.**

To some G&L people in our community it is the most important thing in their lives. For some people the begetting of children is the most important thing in their lives. For some people having a partner is the most important thing in their lives.

It will come eventually. The current culture in Australia is not politically nor ethically mature for this to happen. Although the "ice age" of homophobia has given way to the springtime of acceptance, the fruits of summer are not yet upon us, and they will not be ripe for some time to come. We're still in the flowering stage.

I can't answer the "what do we want" question for everyone. I am only able to answer this from my observations, but combine "we want to get married" with "we want children" sounds very much to me like "we want to be heterosexuals". The argument is that we want the same equal rights across the complete social and political spectra as everyone else. Who is 'everyone else'? It's certainly not indigenous Australians, or people in new and emerging communities. Their rights are handed out by instalments. People fleeing from persecution in other countries come to Australia for sanctuary and what do they get? Incarceration in detention centres for processing (I think a detention centre is also known as a prison).

The last big grab for equal rights came with a significant cost. Although it doesn't affect most of us, I have several friends who cannot afford to live on the new Centrelink rulings and have ended their relationship. The irony is that the grab for equality, whilst well intentioned, has actually crated a terribly un-equal situation for many of the most vulnerable gays and lesbians in our community - the old and those who are sick, and most offensively many people who have lived in hardship with HIV. Those of whom lucky enough to be in relationships have been penalised once again.

OK so the current "we want" is marriage or at least he option to choose. Why? What's so great about marriage? I work with 50 middle aged women in a catholic environment, the very bastion of heterosexuality, marriage and children. All but 5 of them are divorced. Some of them have been through the most bitter and acrimonious break ups and are tortured for years by the process. If marriage is the great panacea of loneliness, why are most married people divorced? Because it's an 'institution' that's based on mythology, religion, and ownership. The man 'takes' a wife. Doesn't sound very equal to me! I know it's just words and language, but is it?



Heterosexual marriage is flawed, terminally. It is not getting any better or easier to sustain in our westernised societies. Some, but very few, actually do work. My parents have been married for ever, they are still together and very much in love, but they were married 60 years ago. Our social constructs have changed; marriage is not the answer to creating loving relationship and families. The argument is that marriage is commitment, oh yeah? So once again why do over 60% of them end in hideous divorce?

I didn't like the term "civil union" but out of the three options: relationship register, civil union or marriage it's about the best.

I've been 'out' for 35 years and I have had 8 partners with whom I had more than 1 year relationships: one for 13 years; current one for 9 years. I also have other casual partners. God I've got it good. I've had wonderful loving relationships that when the time comes to move on, it occurs without too much trauma. I can still have sexual expression outside my core relationship without jeopardising the core values.

Now the conservatives will say "you're cheating on your partner", no I'm not. I have constructed a realistic set of values to live my life with my partner(s) in the best way we can, fully productive and with respect. I can have my cake and eat it. It's not 100% trouble free, but pretty close to it. I also don't judge other people on how they live their lives, but I do question why they have to covet that which the heterosexuals have, and when the obvious evidence is it doesn't work.

I honestly do not see any reason the get 'married'. You might, I don't.



**Got a question  
about HIV or  
sexual health?**

# q movies: **BALIBO**

**BALIBO** is the true story of the murder of five Australian journalists in East Timor in 1975 in the lead up to the invasion by Indonesia.

Juliana Da Costa was nine years old when Indonesia invaded Dili. For the first time since that tragic day, she returns to Dili to give evidence to the Timor-Leste Commission For Truth and Reconciliation. The revelations of her testimony frame **BALIBO** as Juliana describes the day of the invasion and the massacre that unfolded on the Dili Wharf.

In November 1975, four weeks after the five journalists are reported missing, veteran foreign correspondent Roger East is approached by twenty-five year old José Ramos-Horta who attempts to lure him to East Timor to run the East Timor News Agency. Roger East agrees to join Horta in East Timor, but only if he is first given complete access to the nation to find out the fate of "The Balibo Five" journalists – Channel Seven's Greg Shackleton, Gary Cunningham and Tony Stewart, and from Channel Nine, Brian Peters and Malcolm Rennie. All five had last been seen filming news reports in the small town of Balibo. East does not accept the official story that the men were killed in crossfire. As his determination to uncover the truth intensifies he and Horta undertake the perilous journey through the rough country from Dili to Balibo, terrain now occupied by day by Indonesian forces.

Inter-cut with their journey is the story of how the journalists, four weeks earlier, made their way to Balibo determined to film the imminent Indonesian invasion. Most forceful of the group is Greg Shackleton who is keen to fulfill his duties as a journalist in a wartime situation and, from a compassionate perspective, to tell the East Timorese point of view.

On the morning of October 16 all five men are executed in cold blood by the invading Indonesian troops, after clearly identifying themselves as Australian journalists. Their bodies are then burnt. Without any official Australian Government protest the Indonesian army continues to secure the border area and advance on Dili.

After uncovering the awful truth East returns to Dili with a renewed determination to tell the story of the country he has come to care about. On his return, Horta informs East that he has been chosen by his colleagues in the East Timorese Government to leave East Timor to represent the country in exile at the United Nations. He is unable to convince Roger East to join him on a flight to safety in advance of the impending invasion, leaving East the only remaining foreign correspondent in East Timor. With US President Ford and Henry Kissinger safely in the air after approving the invasion in secret meetings in Jakarta, Indonesian paratroopers and commandos attack Dili and immediately capture East who is reporting the invasion.

Defiant to the end, East is executed on the Dili wharf by an Indonesian execution squad, together with hundreds of East Timorese. The young Juliana witnesses the tragic massacre of her people, and the murder of Roger East, her friend. After these tragic events, José Ramos-Horta went on to represent his country in exile for 24 years, receiving the Nobel Peace Prize in 1996, and returning to an independent East Timor in 1999. He is currently the elected President of the Democratic Republic of Timor-Leste.

Balibo is screening in all good cinemas now.



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# q opera: TEN SMALL OPERAS

**THE AUSTRALIAN CONSTITUTION:** ten small operas about one big country by Snowpen Productions. The opera that built Australia. Avoiding all clichés of Australia, Alan Gilmour, Christian O'Brien & Olivia Jones bring ten succinct segments of Australia and Australian life, creating a musical map that is every bit as epic, beautiful and varied as Australia itself.

Drawing on haunting melodies, sweeping symphonies and even Jazz, this brave new work was originally presented at La Mama Theatre in Melbourne in November 2009 and now returns for an extended run at the Carlton Courthouse.

Bringing together a great team of young musicians and singers, The Australian Constitution tells of the ancient search for self at the heart of Australia, while showing the combination of boundless enthusiasm, humour, refusal to give in and secret knowledge that make up Australia and Australians.

From when the gate opens,  
We know that the real race, on Melbourne racing days  
Is never in horses, but shoes and handbags and champagne  
(From Opera 3 "The Melbourne Cup" - song 'Handbags, Shoes and Champagne')

Pillars of society, wheels of commerce passing me  
Collins Street at 5pm  
I know these city streets  
will soon be mine again  
(From Opera 4 "Friday Evening, 1954" - song 'John Brack Jazz')

Wednesday 12 Aug until Saturday 22 August (except 17 & 18 Aug). Wednesdays & Sundays at 6.30pm. Thursdays and Saturdays at 8.00pm, \$25/\$12 (conc) La Mama Courthouse, 349 Drummond Street, Carlton Bookings 9347 6142 or online [www.lamama.com.au](http://www.lamama.com.au)

## The Australian Constitution Creative Team:

**Alan Gilmour - Writer** • Winner of the Orange Playwriting prize; Writer of London Excite with the London Philharmonic Orchestra

**Olivia Jones - Composer** • Olivia's work has been performed by Geelong Horn Trio, Tasmanian Conservatorium and the Yarra Trio (live on 3MBS)

**Christian O'Brien - Composer** • Christian has written compositions for films, documentaries and theatre, the Melbourne Symphony Orchestra and the New York Philharmonic

**Loclan Mackenzie-Spencer - Musical Director** • Composer on As You Like It (2001), Man the Balloon (2004) and 5/27 Pandora Lane (2005) and recently worked on Wicked and Chicago.

**Megan Oldmeadow - Soprano** • Megan has performed in Opera in the Alps, Opera in the Market, Opera by the Lock and recorded as a member of the Exaudi Youth Choir

**Rebecca Moret - Soprano** • Accomplished soprano, Rebecca is currently finishing her studies at the Melbourne Conservatoire of Music.

**Tom Dalton - Tenor** • Tom is a Chorale singer at St Paul's Cathedral and studies at the Melbourne Conservatorium of Music

**Shoumendu Ganguly - Baritone** • Melbourne Conservatorium of Music

**Jessica Na - Pianist** • Jessica regularly performs at The Korean Uniting Church and Christ Church in Brunswick while working on new music projects across Victoria

**Tom Duck - Clarinet/Saxophone** • An accomplished musician from age 12, Tom was awarded the Brett Lockyer Scholarship for Jazz Clarinet (2006) and the Geelong Arts Music Award

**Jennifer Mills - Cellist** • Chamber and orchestral musician, Jennifer has had solo and ensemble performances broadcast on ABC Classic FM and 3MBS FM. Currently studying Masters of Music Performance at VCA.



# q ink: THE NEW TATTS

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# Infinitink™



Laser removal is a painful, time consuming and costly experience, so it's not surprising that permanence is a huge consideration when weighing up a tattoo. After all, nobody wants to be stuck with the initials of an ex-lover long after the flames of passion have died.

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Infinitink was developed by Dr Rox Anderson, a Harvard dermatology professor and director of the Wellman Center for Photomedicine (laser) in Massachusetts, in association with Dr Edith Mathiowitz, a professor of medical science and engineering at Brown University. Dr Mathiowitz specialises in microencapsulating medicines, DNA, hormones and insulin in plastic polymers, which control the time and rate drugs release in the body. Mathiowitz applied this technology to ink, trapping dye pigments in microscopic beads coated with safe, biodegradable plastic, designed to break open when exposed to heat.

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# q win: MY 43rd BIRTHDAY PRESENTS



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Whether you caught one their recent tour shows or not, this is your chance to have them in your home 24/7. The fabulous Ten Tenors are proud to release their "Nostalgica" album - 12 beautifully performed tracks from these vocal masters.

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We have 5 Skin Control Packs from Dr. LeWinn's Men to make your, or your man's, life a lot easier and prettier. The package includes: Dr. LeWinn's Men Face Scrub with natural Jojoba Wax Beads, gently scrubs off dead skin cells and assists in removing blackheads. It contains the unique Oceanic Repair System (ORS) to calm the skin, whilst the stimulating MENactive Complex revitalises the skin's appearance; Dr. LeWinn's Men Shaving Cream rich in Aloe Vera and Menthol, is ideal for providing a smoother shave and to minimise irritation. Especially designed to help with razor burn, it leaves your skin feeling fresh and moisturised; PLUS a bonus 1 GB USB Stick, to save your important memories. For all your skin care questions and to see the full range of men's products go to [www.drlewinnsmen.com](http://www.drlewinnsmen.com)

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Our great friends and supporters at Kusko Murphy have kindly

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\* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email or SMS.

# q work: with JAMES FREER

## Improve Your Performance

It's that time of year where you get a few extra sleepless nights; I'm not talking about the latest DJ from the UK to grace the Market but the dreaded Performance Review.

A performance appraisal is where job performance is evaluated by the employee and employer, an opportunity to discuss how you as the employee delivered on the expectations of what you're employed to do. It's also used to identify training needs, and form a basis for discussions on salary increase, promotions or disciplinary actions. For some people its worse than having root canal. Wouldn't it be great to get a performance review based on busting a dance move or cruising the hottest chicks and lads in town.

A common method for assessing performance is by using a rating system whereby managers are asked to score an individual against a number of role specific objectives. The review process normally goes through each competency/role responsibility delivers his/her score and comments then asks for your rating and any accompany comments, if you think you have delivered give yourself a good score, if you feel you only met and possibly could have done better, its safer to air on the side of caution. I am all for people singing their praises after all this is your review, It's also often the only time of the year you can brag about all the achievements, successes and wins of the past year. It's important to be take an honest assessment of your work performance, not over compensate or rate yourself as a demi god.

## How to ask for a raise

Its never been as difficult in recent times to ask for a salary increase, due to the global recession a number of companies are not offering pay increases, however, despite the market conditions, organisations are looking to retain the best people. Requesting a salary is selling yourself on the back of your performance. If you had not performed as expected, had excessive sick leave or not a good corporate citizen, you'll be a fool to ask for an increase. Know your worth and know what you want. We all feel we deserve more than we're paid, this is where you need to be a private investigator, have a realistic idea of an increase, 5- 10% is standard, however speak with your ex-colleagues, friends and family, particularly those who work in your field.

**Conduct research:** Mercer is a Human Resource Consulting firm who provide the most up to date salary surveys' in the market. Or contact a recruitment consultant who specialises in your industry sector. Love or hate them nobody has a better finger on the pulse than recruiters, as they know exactly what your competitors are paying.

**Back it up baby:** Positive business contributions can strengthen your negotiations, if you managed a project that increased your employer's business revenue, or if you have taken on additional tasks or responsibilities then speak up.

**The approach:** In most cases the employer will have an amount predetermined to offer you, if the amount is satisfactory thank them for the increase, don't be smug and say "that's the least you could come up with".

If it doesn't meet your expectations, outline reasons why you feel you should be given one, highlighting all the additional tasks and responsibilities you have undertaken, as well as suggesting a figure that you see as fair and acceptable. Don't be aggressive. Be assertive. Be Professional. Give your manager time to consider your request. Don't expect an on-the-spot response. If you are in an unfortunate position where your increase has been rejected, ask for areas you can improve upon, then ask for another review in 3-6 months, or try negotiating for non monetary perks such as extra leave or training.

I hope this has helped. If you would like an employment question answered, drop me a line at [work@qmagazine.com.au](mailto:work@qmagazine.com.au). Until next month.



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# q scene: **OUT & ABOUT**





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1st Birthday



Neverwhere's  
1st Birthday



Neverwhere's  
1st Birthday



Neverwhere's  
1st Birthday



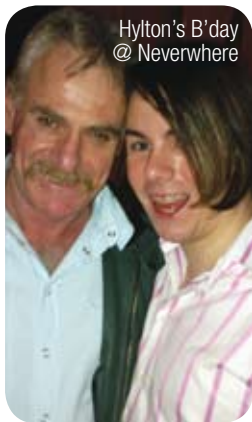
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Neverwhere's  
1st Birthday



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Neverwhere's  
1st Birthday

# q scene: OUT & ABOUT



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Birthday



Midnight Shift's  
Birthday



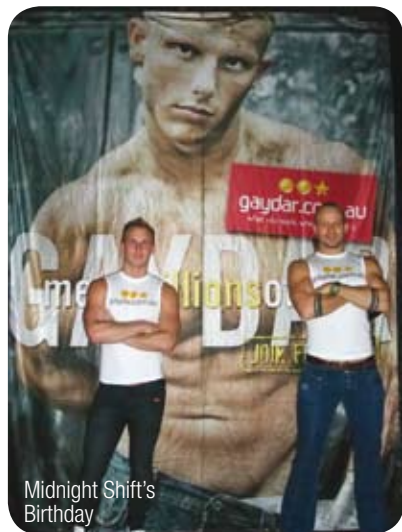
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# q people: LOGAN LYNN

## What is the inspiration behind your upcoming new album *From Pillar To Post*?

Well, this record is basically a documentation of my journey from despair into wellness...the songs are about love and sadness and the struggle to stay alive and find truth in the midst of total chaos, addiction, loneliness...my music mirrors my life, and my life went through a major overhaul about halfway through the 2-year process of making "From Pillar To Post", so it starts off desperate and ends hopeful. Ultimately, it's about me letting go of the darkness that I had been encompassed by for so many years and allowing the light in, little bits at a time. I'm no good if I'm not totally honest about where I am when I'm writing, so as the clouds cleared in my life they also cleared in the songs. It's about letting go, allowing myself to feel things as they are, and being brave about facing the feelings instead of cowering in the corner with a pile of cocaine and doing my best to escape them.



interview by Marc J Porter

## How did the opportunity to work with Logo come about?

In 2006 I made a bunch of videos for my self-titled release and ended up getting one of them into the hands of Logo's programming director, and from there the relationship was born. The first video ended up spending something like 14 weeks in the top 10 countdown, and right around that time the head of artist development from the network came to my show in NYC for gay pride 2007 and invited me to come by MTV the next day for an interview. When my "Feed Me To The Wolves" E.P./video came out later that year, we had an even more successful run, and this time they picked my video as one of the top 10 of the year and invited me to host their weekly music video show "NewNowNext"! We are just wrapping up two new videos for this new record (with more on the way) so there will be more Logan Lynn/Logo action coming up in the next few months. I love those guys and feel really lucky to have been around since when they were first getting started as a network. They wanted LGBT artists who were doing something different and I guess I fit the bill.

## Is it a curse or a blessing being known as a gay artist?

I'd say if anything it's been a blessing. It's cool to be able to say that and actually believe it. Growing up in the bible belt I don't think I would have envisioned that what was getting my ass kicked and disfellowshipped from church for would eventually be a major draw for my career path as an adult and would basically be the catalyst for getting people to listen initially. Had the gay press not endorsed me so whole-heartedly none of what is currently happening would exist. I am thankful for the change from Con to Pro and am really only ever able to be successful as myself, so...being a gay artist was really my only option from day 1. I think my songs are about life and love and the valleys we go through on the course of our human experience...some of the themes such as loneliness, isolation, despair and a feeling that you don't belong hit home especially with many folks in the gay community, but those sorts of things apply across the board to ALL of us, gay or otherwise. I think that's been really great to see that I'm not actually alone, not so isolated as I thought...that there are TONS of people out there on a similar journey and they are able to connect with my music in a way that I did not think possible when I was convinced that I was a man without a country or whatever.

## To an outsider just discovering your music...how would you describe your style?

Ah, the million dollar question. This is a hard one to answer because I think that, with this new record in particular, I have my feet dipped in a bunch of genres. At the end of the day, it has been widely categorized as Sentient Electropop but I still fancy myself a singer/songwriter with DJ gear instead of an acoustic guitar or a piano. I think the term Emo fits as well, but you might think about throwing a "tronic" on the tail end of the word just to avoid conjuring a mental image of a 17 year old Crybaby from Orange county with dyed jet black hair and too much eyeliner, singing about how fucked up high school is.

## How did music come into your life?

I fought for it. Being raised in a VERY religious, anti-"secular" music home I was not allowed to listen to anything that wasn't written about in "CCM" (Contemporary Christian Music) Magazine. As I began to discover what REAL music was around the age of 12, I began to fight for it. From there, when it was clear that I would never be allowed access to such tunes on the up and up, I began to steal CD's and hide them under my bed. I remember taking a bunch of Amy Grant CD cases and replacing the discs with Nirvana, Teenage Fanclub, Sam Phillips and Depeche Mode records. At some point, my parents eased up about the music and I was allowed to listen to "clean" songs by "secular" artists...this was a MUCH easier rule to break and I now just had to lie about what I was listening to, as opposed to relying on shoplifting to get my hands on important records. That was sort-of the beginning of the end with the heavy-handed media rule at my house, but I think that the many years spent longing to hear pop music and rock and roll instilled this incredibly strong connection with the music I have come in contact with ever since, and CERTAINLY was a driving force in the formation of what the music I make sounds like today. I'm pretty sure that my knowing back then that every time I pressed play might be the last time I could hear it made the hearing of it that much more important.

**You're quite a sexy guy...do you like the attention?**

I'm flattered by that perception and am aware that it exists, though I try to keep the focus on the music as much as possible. I think the day I look in the mirror and think "Wow. You're sexy." will likely NOT be happening any time soon, but it's great if other people think so and that somehow gets them into my music.

**Feed Me To The Wolves is a wonderful song, does this reference something particular in your life, and do your songs ring true?**

Hey, thanks! That song was written as my long-time partner and I were splitting up in 2007 and is the first song on the record, beginning the journey back together and into the madness of trying to put the pieces back together. It's me at my emotional worst, trying to hold onto something that was slipping away faster than I could grasp it. That song is about desperately trying to get the love back, make the pain stop. My songs ring true to the time in which they were written, but as my feelings change, so do the songs. I was at rock bottom when I wrote "wolves" and am not anywhere near that at this point...but that kind of sorrow and panic is an important part of the puzzle and was necessary to include in order to accurately tell the whole story.

**You live in Portland, Orgeon! Does it support its artists like Melbourne?**

Yeah! Puddletown, baby! The local press has been really good to me and as far as the city goes, I am SURROUNDED by talented, like-minded folks to work with.

**How much planning goes into your image such as your incredible fashion sense and gorgeous hair?**

Ah, schucks. You're very kind. I think at this point I have worked really hard to match up the "image" with how I am in real life so all of that requires very little plotting or planning...it's all just me - the good AND the bad. That applies to my songs as well as my outfits and hair I guess. It just is what it is and I'm trying to be ok with however that sounds and looks at any given time. If other folks are into it, great. If not, no worries...but whatever the response is, I can at least know that they are responding to ME, not some publicist's edited, airbrushed version of me.

From Pillar To Post is released soon.



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The advertisement features three smiling people (two men and one woman) against a colorful, bokeh background. Below them is a black banner with the logos for Sydney Star Observer and Southern Star. The Sydney Star Observer logo is on the left, and the Southern Star logo is on the right. The Southern Star logo includes a rainbow-colored star icon.

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# q superstar: JIMMY BARNES IS BACK

**JIMMY BARNES NEW ALBUM 'THE RHYTHM & THE BLUES' OUT AUG 28**  
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Liberation Music is delighted to announce details for Jimmy Barnes' forthcoming album *The Rhythm And The Blues*, the outstanding new chapter in his soul trilogy, which started back in 1991.

And just as he did with the unforgettable, mega-selling *Soul Deep* and *Soul Deeper* albums, Jimmy Barnes once again takes us for a ride in the musical time machine. But rather than being a follow up to those multi-platinum selling Soul albums, it's more like a prequel.

Rock and roll, born in the 1950s and '60s, mixed with a splash of soul and swing and complemented by that magical secret ingredient throughout – the rhythm and the blues.

Armed with a band of sizzling session musos in LA and with trusty US producer Don Gehman (*Soul Deep*, *Soul Deeper*) at the helm, Barnes respectfully channels the spirit of yesteryear's music giants, putting his best foot forward and letting rip ... as he always does.

To date Jimmy Barnes has released over 25 albums. The combination of fourteen Australian Top 40 albums for Cold Chisel and twelve charting solo albums gives Jimmy the highest number of hit albums of ANY Australian artist.

## THE BUSHFIRE INITIATIVE

The news of Jimmy's new album also coincides with the announcement that the Victorian Bushfire initiative Jimmy ran earlier this year, selling his album 'Live At The Enmore' exclusively through iTunes for just \$3.39 (with every cent going to the Victorian Bushfire Appeal Fund) raised an impressive \$23,000!

Jimmy's upcoming tour of Australia will feature a sneak preview of material from *The Rhythm and The Blues*, which will be in stores August 28.

## THE NEW CONCERT DATE

Due to overwhelming demand a second and final Jimmy Barnes concert has been added in Melbourne at the Palais Theatre on Friday 11th September. Featuring his hits as well as material from his new album, this additional concert is one last chance for fans to snap up tickets to see Jimmy live in concert.

## JIMMY BARNES AUSTRALIAN TOUR DATES 2009

*Thursday 13 August - The Regent Multiplex – Ballarat*

*Sunday 16 August - Barn Palais – Mt Gambier,*

*Wednesday 02 September - Empire Theatre, Toowoomba*

*Thursday 03 September - Brolga Theatre, Maryborough*

*Saturday 05 September - The Avondale Homestead Tavern (outdoors), Bundaberg*

*Sunday 06 September- Tivoli Theatre, Brisbane,*

*Friday 11 September - Palais Theatre – St Kilda*



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